

Athelstan Place is a 6 bedded CQC registered residential home in Southampton, providing a 24-hour recovery and rehabilitation service for young people aged between 16 – 25 years of age. We offer specialist care from experienced and trained professionals for young people who present with complex needs, mental health difficulties. We enhance and maximise individuals' full potential through education, vocation and social activities and provide support with activities of daily living.

A safe, caring and therapeutic service is provided, using a community model based on NVR (non-violent resistance) and non-restrictive practices, enhancing the therapeutic coaching process. This model uses a variety of methods to address violent, destructive and harmful behaviours in adolescents and young adults to provide the best outcomes.

Person-centred care is at the cornerstone of our values, where individualised care is delivered in collaboration with internal and external multi-agency professional networks. This includes the local authority, NHS and private sector to ensure that service users have the best possible opportunity to thrive within a community provision.



**Southampton Based** 



**6 Bed Residential Home** 



**Step-Down Service** 



**Nationwide Referrals Accepted** 



For informal enquiries, please contact Referrals@fairways.co

